

# Norfolk Learning Disabilities Partnership Board meeting



Thursday 5 December 2024



10:00am – 12:00pm



Meeting held using Zoom



# Who attended our meeting?

This list shows how people who came to the meeting identified themselves

**June Walton**, Co-Chair

**Rachel Gates**, Co-Chair

**Kyle Fraser**, Self-advocate

**Kenny Nichols**, Self-advocate

**Kyle Fraser**, Self-advocate

**Rachael Phillips**, Self-advocate

**Jamie Abbott**, Self-advocate

**Lee Gibbons**, Learning Disability Coordinator

**Lucy Adcock**, ASD Helping Hands

**Helen Cartwright**, Parent-Carer

**Sharon Brooks**, Carers Voice

**Keith Page**, Thera East Anglia Supporter

**Kiran Kaur**, Thera representative

**Maria Bond**, Working Together Coordinator for Independence Matters

**Heidi Mckay**, Senior Lead Community LD Nurse

**Andy Hudson**, NHS Norfolk and Waveney Integrated Care Board

**Ian Bell**, Norfolk Community Health and Care NHS Trust

**Corinne Avery**, Head of Social Care for Adult Learning Disabilities

**Catherine Van Battum**, Health and Communities Team Leader  
**Family Voice representative**

# This meeting had four main topics:



Lee gave an update on the Locality Groups



Lee spoke about how reporting involvement fees are important

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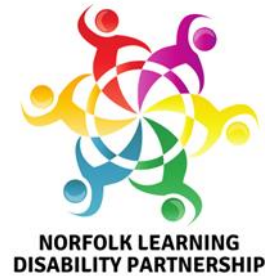


Rachel Gates asked the Learning Disability Board what they have learnt/done over the last year



Sharon Brooks spoke about the All Age Carers Strategy for Norfolk and Waveney

# Locality Group update (1)



Lee gave the locality groups an update on the Learning Disability Board



He explained that he has updated the Learning Disability Board website and has added an easy read library



If you have an easy read, you would like to add please email it to:  
[contact@norfolklpartnership.org.uk](mailto:contact@norfolklpartnership.org.uk)

# Locality Group update (2)



The locality groups were joined by Neil Howard, Programme Lead from iCaSH

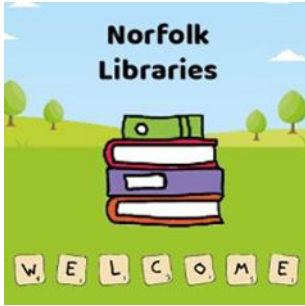


iCaSH has many ways they can help such as:  
Access to contraception and Screenings



For further information on iCaSH [Click here](#)

# Locality Group update (3)



Each areas library service also joined the locality groups



They spoke about what the libraries offer in each locality and how to get a library card



If you would like to look at what the locality groups spoke about in more detail, [Click here](#) to view the notes

# Membership Review



Lee explained that he would like to do a review on the Partnership Board members



To see who would like to still be a member of the board



An email will be sent out to members, if you would still like to be part of the board, please make sure to respond to the email.



# How to Report involvement fees (1)



When being involved with the Learning Disability Partnership you will receive an involvement fee



It is important to declare this money to DWP



This is called the Fraud, Error and Debt Bill

# How to Report involvement fees (2)



If you get Universal Credit (UC), you need to write in your journal to say what this money is for.



If you get Employment and Support Allowance (ESA), you will need to call the DWP or visit a jobcentre.



Your money shouldn't change if you have limited capability for work

# How to Report involvement fees (3)



It's important to tell the DWP if anything in your life changes.



This includes any money you get.



If you are not sure what to do, you can ask for help at your jobcentre.

# How to Report involvement fees (4)



The Welfare Rights Team can also help you understand what you need to do. Phone Number: 01603 496623

Day services will be receiving a letter to raise awareness



Department  
for Work &  
Pensions

**Action:** Get a DWP representative to attend the next locality groups to explain in more detail

# What have you learnt/done?



Rachel asked the board what have you learnt or done over the past year with the Learning Disability Partnership Board



To make it easier to think about Rachel spoke about the 5 priorities from the Learning Disability Plan

# Choices about where I live



Rachel explained that over the past year no work has started on this priority as of yet

# Being Healthy



LeDeR Annual Report  
has been presented at  
the Learning Disability  
Board



Conversations at Locality  
Groups around healthy  
eating and exercise



iCaSH attending the  
Locality Groups to give  
information about  
Contraception and sexual  
health

# Help to be as independent as possible



The board had a presentation on the Day Services Pathway including the Skills and Employment Pathway



Speakers discussed the support available for people with learning disabilities who wanted to get into employment



Each Locality Group has a section to talk about events that are coming up



# Getting out and about



Bus passes being used before 9:30am

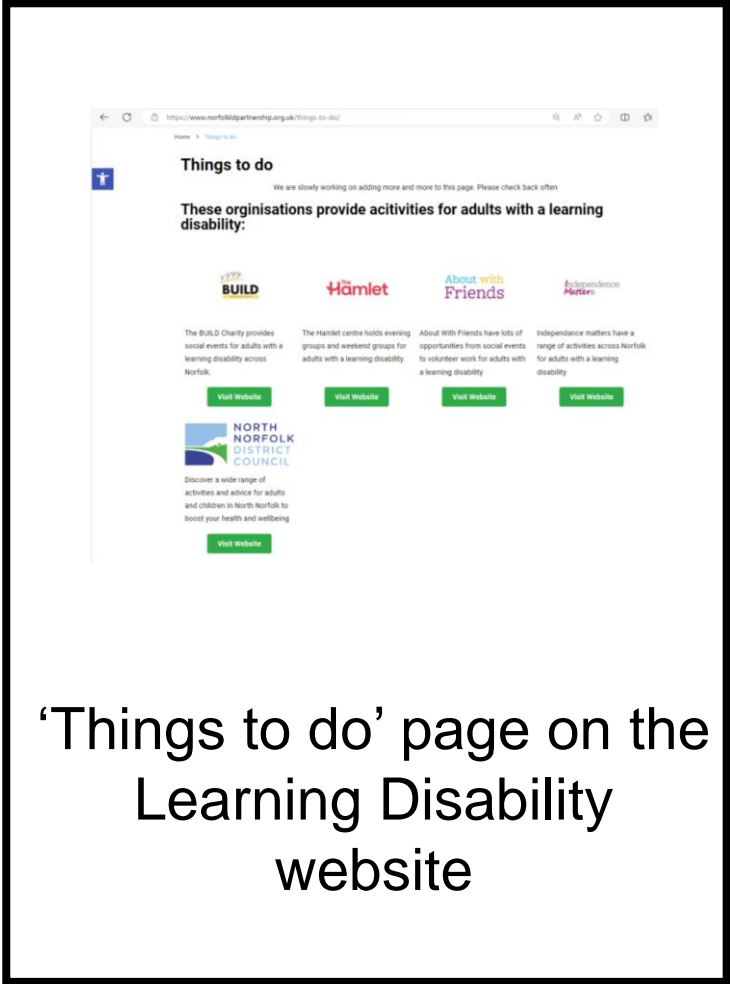


Libraries around Norfolk have spoken at Locality Groups



Police and Crime commission team have said they will attend Locality Groups in 2025

# Support for carers



‘Things to do’ page on the Learning Disability website



In August we had an agenda item called ‘What will happen when a parent/carer can no longer look after someone with Learning Disabilities’



The board looking at the All Age Carers Strategy

# All Age Carers Strategy for Norfolk & Waveney (1)



Sharon Brooks explained what the All Age Carers Strategy is



The Strategy is for all carers that need support



The strategy has been co-produced with carers from the very start

# All Age Carers Strategy for Norfolk & Waveney (2)



This Strategy will be for 5 years



Sharon told the board that in the strategy there are 'As a Carer' Statements



These statements helped to form the strategy

# All Age Carers Strategy for Norfolk & Waveney (3)

## 7

Sharon explained there are seven focus areas



1. To identify and raise awareness of all ages of Carers, their rights and their value (including hidden Carers)



2. To improve access to good quality information and services including single point of contact

# All Age Carers Strategy for Norfolk & Waveney (4)



3. To recognise and involve Carers as equal partners in the care of those they care for



4. To co-produce services with Carers wherever possible recognising their expertise and ability to influence and shape services that they need and want to support their health and wellbeing

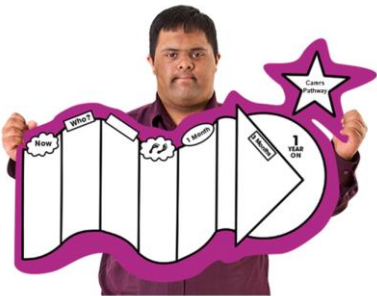
# All Age Carers Strategy for Norfolk & Waveney (5)



5. Recognise the importance of peer support and access to services which enable Carers to have a break from their caring role



6. To have a framework and knowledge of commissioned services for all age Carers



7. Develop a Carers pathway

# All Age Carers Strategy for Norfolk & Waveney (6)



All of these focus areas have recommended actions that will be worked on



The outcomes of the Strategy will be measured in lots of different ways



Such as: Annual surveys, Annual meetings to share updates and success, Forward plan.



# All Age Carers Strategy for Norfolk & Waveney (7)



Sharon asked the Learning Disability Partnership Board if they agree in principle with the All Age Carers Strategy



The Board agreed in principle with the Strategy



If you would like to read the Strategy in full please email: [info@carersvoice.org](mailto:info@carersvoice.org)

# Any Other Business (1)



Lee apologised as the notes from the August meeting have been lost after the transition of Emma leaving and Lucy returning



**Action:** To add a summary on the Learning Disability website of what has been spoken about at each locality group

# Any Other Business (2)



Lee spoke about sexual health training that is being held for providers.



He said if we get eight providers to sign up for the training, it will be free. If you are interested, please email:  
[contact@norfolklpartnership.org.uk](mailto:contact@norfolklpartnership.org.uk)

# What support was available before and after the meeting?



# Support available (1):



People were able to give their feedback in other ways. For example, Craig met with some of the self-advocates separately.



We held a ‘pre meet’ to talk through how the main meeting would work, and a ‘feedback meet’ afterwards to ask how the main meeting went.

## Support available (2):



We also held a feedback session following the main meeting. This was to provide support or to any answer questions if needed.



We plan to continue to offer this support to our members in the future.